POLLIE PEDAL VISITS MENDOORAN CENTRAL SCHOOL

We were thrilled that the Pollie Pedal called into Mendooran Central School on Thursday 14th August. This leg of the pedal was led by Minister Kevin Andrews, Minister for Social Services. Also in attendance was David Gillespie MP, Member for Lyne, Angus Taylor MP, Member for Hume and of course our own Mark Coulton, Member for Parkes. The students made an impressive guard of honour and the riders came through to loud applause and a very warm welcome. The 2014 edition travelled over 1,000kms between 10th and 17th August, from Moree in Northern NSW to Penrith in Western Sydney and they were very impressed with our school. Both Mark Coulton and Kevin Andrews addressed the students and reminded them of the importance of carers in our community. Carers Australia are again the chief beneficiary of the charity bike ride. Pollie Pedal has raised over $3 million since its inception in 1998, benefitting various charities including the Royal Flying Doctor Service, Ronald McDonald House and The Manly Women's Shelter.
**PRINCIPAL’S REPORT**

**Pollie Pedal**
Many thanks to Mrs Archer for arranging for the politicians who were riding through Mendooran to drop into the school. Our students put on a wonderful welcome, showcasing MCS at its best. There were forty politicians riding and many in the support crew. Whilst Mr Coulton, our federal representative publicly addressed the school, again stating that MCS was one of the best schools in the west, many other MPs specifically congratulated me saying that they don’t have a school in their electorates with students so responsive and respectful. Then before leaving, the organiser of Pollie Pedal for the past eight years said to me that they had never been so warmly welcomed by a town since its inception. So congratulations to our staff and students for showcasing not just the friendliness of our school, but that of the wider Mendooran community. Special acknowledgment to Mr Bush and Mr Waters for having the grounds continuously in pristine condition at all times.

**Sydney Excursion**
We’re off! The major excursion will be on route to Sydney as this newsletter goes to print. I am sure that everyone is going to have a great time thanks to the wonderful list of activities planned. You can keep an eye on the activities on the school facebook page.

**Illness**
Last week I spoke about the potential seriousness of measles and mumps, I also ask that if your child is sick in any way that you keep them at home. As you would understand, schools are environments where illnesses, infections and things such as head lice spread very quickly. So I ask that if you know or even suspect that your child has something that other students may catch, please keep them at home until their ailment is clear. Thank you.

**Vietnam Veterans Day**
Today is Vietnam Veterans Day. Originally it was a day to commemorate the Battle of Long Tan in 1966 and has since been adopted by all veterans. On behalf of the school, our heartfelt thanks and acknowledgment for the sacrifice that was made for our nation. In acknowledging Vietnam Veterans’ Day, we remember the sacrifices made by our young men and women in a conflict that spanned a ten year period, thus making it the longest war in which Australian's participated.

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**Calendar**

**Mon 18.8 - 22.8**
Major Excursion
ALL WEEK

- Thur 21.8.14
- P&C Meeting
  - 3.30pm
  - Library

**Upcoming Events**

27.8.14
Life Ed Van

28.8.14
Kindergarten Parent Information

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**P&C MEETING**
Thursday 21st August 2014
3:30pm Library
KINDERGARTEN/YEAR 1 NEWS

It was good to see the majority of the K/1 students return to school last week, however, we still have many who are unwell from the flu virus. We wish them a speedy recovery.

Year One students have been focusing on the “ew” sound while Kindergarten have been learning that “er”, “ir” and “ur” all say the same sound!

In Maths we have continued to learn about “groups” (multiplication) and “sharing” (division). The Year One students are learning about the 2x tables eg 2 groups of 4 equals 8.

In Focus on Reading we have been predicting words that we think are most likely to be written in texts. Nick Sweeney broke the record when he chose “the” as there were 41 “the” words in the one text! We have also been making connections with how memorable moments in texts are often related to memorable moments in our lives.

During our Computer time we have been typing our own stories and utilising programs such as Mathletics and Reading Eggs to increase our Maths and Reading skills.

L Peter

LIFE EDUCATION VAN

The Life Education Van will visit our school on Wednesday 27th August 2014. Primary classes will participate in programs which address many components and objectives within the PDHPE curriculum. Students will be able to purchase Harold merchandise during lunch-time on the day of the visit. Please provide the correct money in an envelope with the item written on the front along with the student’s name and class. A list of products available is attached to this newsletter.

Kindergarten 2015 Parent Information Session
A Parent Information session will be held for parents, whose children commence Kindergarten in 2015, on Monday 1st September in the Kindergarten room commencing at 2pm. All parents are welcome to attend.

FREE Outdoors Education Program
The Department of Sport & Recreation has offered to run a FREE Outdoors Education program for Primary students at our school on Monday 8th September 2014. This program will involve team building and games activities.

L Peter
SECONDARY NEWS GENERAL

This week some of our students are away on the major excursion. Senior classes will continue as normal and Mr Newberry has organised work for his Year 12 Biology classes as well as his Year 11 senior classes. Some of our Year 10 students are taking the opportunity to complete work experience as well. Junior classes will run as close to normal as possible with slight variations. Students remaining at school should be prepared for work as normal.

The Year 12 major works are due next Thursday and will be locked away until external marking on September 11th. HSC trials will be held next week and the students have been given the timetable.

Access and Distance education examinations were completed last week and this week.

Rebecca from CSU will be visiting the school on Wednesday 27th September to assist students with UAC advice and scholarship information.

J Waters

HEAD LICE

Head Lice has been detected in some students, particularly in primary. We ask that all parents check your child’s hair immediately and if either eggs or lice are found please keep them at home and carry out the necessary treatment. Please be aware that the lice can develop resistance to a particular treatment, therefore it is important to rotate treatment across the four chemical groups (a chemist will advise of a suitable treatment). It is most important to remove all eggs that are closest to the scalp as these are live.

We recommend that checking is done daily over the next few weeks. All parents should treat their child if they find any of the following signs or symptoms: your child is constantly scratching their scalp; looking along the back of the neck and underneath the hair you may see small greyish sacs attached to the hair follicle; white specks stuck along the length of the hair (difficult to remove – nits or lice eggs); fine black powder on the pillow (lice faeces); pale coloured material on pillows could be (lice casts or skin); lice themselves (may be hard to see as they move quickly through the hair).

Lice are very contagious. However they do not jump and can only be passed to another person by head to head contact or by possible floating hair strands. If your child has an infestation, it is only fair to other children that you begin treatment immediately.

Treatment is a two phase step. An anti-lice solution is available at any chemist. Normal shampoo will not prevent infestation nor will it remove lice or kill their eggs. Conditioner will stun lice (not kill) for a twenty minute period so that they can be removed by combing with a nit egg comb. Treatment must be carried out again 7 days after initial treatment and all evidence of eggs must be completely combed out. If one egg is missed within a couple of weeks you will have a new reinfestation.
HEADLICE CONT.
Directions need to be followed carefully and all members of the family should be treated at the same time to reduce the risk of re-infestation. Children can be treated in the evening and allowed back to school the following day. Please let the teacher know if you have treated your child. Children can be responsible for combing through their own hair for the following week with a nit comb to keep removing any eggs.

The school will notify parents if their child is showing any of the above signs or symptoms at school. The school is keen to support parents in managing this difficult problem. Please do not hesitate in raising concerns with the Principal.

All parents are assured that any communication will be dealt with sensitively and in the strictest confidence. I thank you for your co-operation in this matter.

IMPORTANT SPORTING DATES - UPCOMING EVENTS

Years 3-6 Sports Day at Binnaway Friday 29th August.
Notes will be given out on Friday, please return to office asap. Students will be travelling by bus, it will be a fun filled day so all students are encouraged to go.

K-2 Tabloid Day at Mendooran Central School on Friday 12th September.
More information will be given closer to the date.

HORSE SPORTS CALENDAR

Quirindi Public School Horse Sports Day - Monday 13th October 2014.
(Minimum Age 8 yrs), Entries close 12th September 2014.

St Matthews Catholic School Mudgee Equestrian Day - 13th October, 2014.
(Age 8 years and over), Entries close 19th September 2014.

Coolah Central School Horse Sports Day - Friday 17th October 2014.
(Kinder - Year 12), Entries close Friday 19 September 2014.

2014 Inter-Schools Horse Extravaganza - 18-20th October 2014.
(Age 5-16 years+) at AELC, Tamworth - Entries close 1st September 2014.

D McCormack
COMMUNITY NEWS

CWA - DATES FOR YOUR DIARY

Monday 25th August as afternoon tea will be held at the CWA rooms to celebrate International Day. The guest speaker will be Liz Cutts who has recently returned from Botswana which is the country of study for this year. There will be a raffle drawn on the day as well as lucky door prizes - all this for just $5, bring along a friend and enjoy a cuppa and a chat. Everyone is most welcome.

On Friday 19th September at 2pm a Spring Fashion parade and afternoon tea will be held at the Memorial Club. Come along and have a sneak peak at the fashions for spring and summer while enjoying a delicious afternoon tea.

The rescheduled Annual General Meeting of the Mendooran & District Development Group Inc will be held on Monday 25th August in the Community Centre at 7pm. Membership of $5.50 will fall due that night and can be paid at the meeting.
HARO LD MERCHANDISE

Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on the raising of funds within the community to assist in meeting the shortfall left after receiving minimal assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. Please provide the correct money in an envelope with the item written on the face of the envelope along with your child’s name and class. This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit.

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<th>Price Incl. GST</th>
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NB Harold Products are subject to availability
Life Education NSW thanks you for your support.

☐ I would like to donate ________ to Life Education NSW.
Gifts of $2.00 or over are tax deductible.

Name: ___________________________ Phone (optional): _______________________
Address: ________________________
Suburb: _________________________ Postcode: ___________________________
Email (optional) __________________ Child’s Class: ___________________

Visit Life Education at www.lifeeducation.org.au or www.healthyharold.org.au
**HOT FOOD**
- Junior Meat Pie $2.00
- Party Pies $0.60
- Small Sausage Roll $0.60
- Large Sausage Roll $2.40
- Pizza Single $2.40
- Chicken Nuggets $0.70
- Homemade Quiche $3.20
- Noodles (Beef/Chicken) $1.50
- Macaroni & Cheese $2.50

**HOT CHIPS & GRAVY - FRIDAYS ONLY**
- Small $1.60
- Large $3.00

**BURGERS**
- Hamburger $4.20
- Chicken Burger $4.20
- Cheese Muffin $3.20
  (Meat, cheese & sauce only)
- Egg & Bacon Burger $4.50
  (BBQ Sauce)

**WRAPS**
- Chicken Wrap sm $2.40
  lrg $4.30
- Sausage, Egg & Bacon Wrap with BBQ Sauce $4.30

**RECESS ONLY**
- Hash Browns $0.60

**SANDWICHES**
- Devon $1.20
- Cheese $1.20
- Vegemite $1.20
- Chicken or Ham Salad $3.50
- Toasted EXTRA $0.20

**SNACKS**
- Fruit Chews $0.20
- Chips $1.20
- JJ’s $0.10
- Popcorn $0.60
- Homemade Biscuits $0.50

**ICE BLOCKS**
- Zooper Dooper $0.60
- Animal Pops $0.20
- Shaky Shaky $2.00

**DRINKS**
- Hot Chocolate $1.00
  (Meat, cheese & sauce only)
- Water $1.00
- Quench Drink $1.70
- Fruit Juice $1.00
- Choc/Strawberry Milk $1.50

**OTHER**
- Sauce EXTRA $0.20
- Brown Bags $0.20